

OCTOBER | 2023



Lunch - Central

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|---|--|
| 2 <u>Cheeseburger Macaroni*</u> <u>Cornbread*</u> <u>Garlic Broccoli</u> | 3 <u>Chicken Quesadilla*</u> <u>Salsa/Sour Cream</u> <u>Tortilla Chips</u> <u>Mexican Corn</u> | 4 <u>Stuffed Aria Sausage</u> <u>Pizza</u> <u>Breadstick w/ marinara</u> <u>Salad w/ dressing</u> | 5 <u>Hamburgers*</u> <u>Tomato/Onion/Lettuce</u> <u>Cheese/Pickles</u> <u>Roasted Green Beans*</u> <u>Roasted Potatoes*</u> | 6 No School Teacher Institute Day |
| 9 No School Columbus Day | 10 <u>Walking Tacos*</u> <u>Tomato/lettuce</u> <u>Salsa/Sour cream</u> <u>Refried Beans</u> <u>Spanish Rice</u> | 11 <u>Turkey Sliders</u> <u>Chips</u> <u>Fresh Veggies w/ ranch</u> | 12 <u>Spaghetti w/ meat sauce*</u> <u>Garlic Toast</u> <u>Green Beans</u> <u>Apple Crisp</u> | 13 <u>Pulled Pork Sandwich*</u> <u>BBQ Sauce</u> <u>Corn on the Cob*</u> <u>Carrots</u> |
| 16 <u>Grilled Cheese</u> <u>Chili w/ crackers</u> <u>Fresh Veggies w/ ranch</u> | 17 <u>Beef Taco*</u> <u>Tortilla Chips</u> <u>Salsa/Sour cream</u> <u>Sweet Corn Cake*</u> <u>Seasoned Black Beans</u> | 18 <u>Stuffed Aria Cheese Pizza</u> <u>Breadstick w/ marinara</u> <u>Salad w/ dressing</u> | 19 <u>Chicken Strips*</u> <u>Roasted Fingerling</u> <u>Potatoes*</u> <u>Baked Beans</u> | 20 <u>Salisbury Steak*</u> <u>Bread & Butter</u> <u>Mashed Potatoes * w/</u> <u>brown gravy (on side) *</u> <u>Mixed Vegetables</u> |
| 23 <u>Pork Chop*</u> <u>Dinner Roll</u> <u>Carrots</u> <u>Baked Beans</u> | 24 <u>Taco Tater Tot Casserole*</u> <u>Salsa/Sour Cream</u> <u>Mexican Corn</u> <u>Spanish Rice</u> | 25 <u>Chicken Parmesan * w/</u> <u>Pasta</u> <u>Garlic Bread</u> <u>Green Beans*</u> | 26 <u>Bacon Pizza*</u> <u>Corn on the Cob*</u> <u>Salad w/ dressing</u> | 27 No School P/T Conference |
| 30 <u>Pancake *w/ syrup</u> <u>Sausage Patty *</u> <u>Shredded Hash browns *</u> | 31 <u>Beef Nachos*</u> <u>Salsa/Sour Cream</u> <u>Refried Beans</u> | 1 | 2 | 3 |

News

Additional milk or milk for sack lunches - \$.35

A FRESH FRUIT AND MILK (1% WHITE OR CHOCOLATE) COMES WITH EACH MEAL

ITEMS UNDERLINED ARE MADE FROM SCRATCH.

ITEMS WITH * ARE MADE WITH LOCAL FOODS.

